BREAKFAST 8 – 11.30  Eggs on Toast on sourdough (poached, fried or scrambled) (v) 13  Bacon roll with scrambled egg & shiraz onion jam on a brioche roll 14	Gluten free Create you on" choices \$4 service f Granola Ho with seasons
Smashed Avocado, whipped fetta, dukka, chilli, mint, rocket, on sourdough (v, vgo) 18 Add a poached egg 2  Eggs Benedict - 2 poached eggs on sourdough with hollandaise sauce & your choice of Ham 19 Spinach 19 Avocado 19 Smoked Salmon 23 SA King Prawns-Smashed Avocado & Toasted Almond Flakes 25  3 egg Omelette on sourdough Braised onion, baby spinach, mushroom, parsley, fetta (v) 19.90 Or Braised onion, ham, cheese & tomato, parsley 19.90	milk (v, vgo)  Chia seed of with seasons  Toast 2 slice with butter of Strawber  Strawber  LUNC  Burgers  Substitute for a control of the seed of with seasons  With butter of the seed of with seasons  Falagers  Grass feed of the seed
Add on Smoked salmon Chorizo 5 Haloumi Avocado Bacon 4 Baby Spinach Mushrooms Roasted tomatoes Hash Browns	Coleslaw  Add side  Tradition  Tradition

e bread substitution 2.50 ur own breakfast from our "add fee plus add on choices

louse made oats fruits & seeds nal fruit, Greek yoghurt & warm 15

cup Ginger &orange chia seeds nal fruit & yoghurt (v, vgo) 9.50

ces of sourdough & your choice of 7 erry jam, Vegemite or honey

### CH

12 - 2.30

 $oldsymbol{S}$  served on Brioche Roll

Gluten free roll 2.50

- uese Chicken tomato relish, ni, tomato, lettuce & aioli 17.50
- fed Angus *Beef* cheese, onion, , lettuce, tomato 17.50 ₹ aioli
- hommus, mint, tzatziki, , garden salad (v, vgo) 17.50
- h Panko crumbed, cheese, w, tzatziki, tomato, garden salad 18.50

Add side serve <i>Chips</i>	
Traditional or sweet potato	4

*ips* served with aioli onal 10.50 Sweet potato 12

#### BLT

Potato sourdough bread with bacon, tomato, lettuce & mayo

14

*Fish &chips* with garden salad and tartare 19.90 sauce

Substitute Hake with Garfish 21.90

Soup of the day 13.90

Served with buttered toast

Vegetable Frittata - roasted pumpkin, zucchini, fetta and mushrooms (gf, v) 8.90

**Zucchini** fritters (3 to a serve) (v) 8.90

Add side serve	
Garden salad	4.90
Chips Traditional or sweet potato	4
House-made Tomato relish	1

Warm Baked Pumpkin Salad

a wedge of pumpkin with hummus, pepitas, walnuts, herb salad, sesame seeds & butter sauce (v, gf, vgo) 20.50

Quinoa Salad Rocket, mint, Sprouted beans, capsicum, baby spinach, carrot, papaya, pumpkin & pepitas (gf, v, vg) 20.50

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Add to salad	
Chicken	5
Smoked Salmon	5
Haloumi	5
Chorizo	5

## DESSERT

Sticky date pudding with toffee sauce & Gelato Bello Vanilla bean ice-cream 14 Affogato 8.50 Add Frangelico 7.50

See our Snack Menu on reserve side



# SNACKS 8 – 2.30 (3.30 on weekends and public holidays)

Hot Dogs		Croissant		Available after 11.30a	m
Deluxe <b>Vienna</b> sausage on a crus oven baked baguette with butter	_	Ham & Cheese Cheese	8.90 8.90	Chips	
tomato sauce	8.90	Nutella	8.90	Cone of Chips	5.50
Deluxe Hot Dog with cheese, bacon & onion	12.90	Plain Add tomato Add mushrooms	7 1 4	Bowl of Chips served with Traditional Sweet potato	aioli 10.50 12
Lounder's Hot Dog with cheese & coleslaw	12.90	Add smashed avocado	4	Chicken Nuggets (6)	5.50

## Waffles

2 Belgium <i>Waffles</i> with maple syr	up
With bacon	14
or	
With ice-cream & maple butter	14

### BLT

Potato sourdough bread with bacon, tomato, lettuce & mayo 14

### Traditional Toastie

On white sandwich bread only	
Gluten free substitution - \$2.50	
Rye Sourdough substitution - \$2	
Cheese	5.50
Ham & Cheese	6
Egg and Bacon	8.90
Add tomato	1
Add mushrooms	4
Add smashed avocado	4

See display for our selection of biscuits, cakes & ice-cream